

James J. Biemer, Jr., M.D., P.C.  
9135 SW Barnes Rd, #863, Portland, OR 97225  
Telephone : (503) 384-0316 Fax: (503) 416-8145

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Gender: \_\_\_ M \_\_\_ F Date of Birth: \_\_\_ / \_\_\_ / \_\_\_ Age: \_\_\_\_\_

Please list any other health providers that you have seen in the past 12 months (including providers of alternative/complimentary care):  
\_\_\_\_\_  
\_\_\_\_\_

My main reason for the visit today is: \_\_\_\_\_  
\_\_\_\_\_

Are there any family members or caretakers with whom you would like Dr. Biemer to freely discuss your medical issues? \_\_\_\_\_

**MEDICATIONS**

Please list ALL medications that you are currently taking or have taken in the past four weeks (including over-the-counter medicines, prescription drugs, vitamins, natural remedies, birth control pills, weight control preparations, etc.) from ANY provider (OK to continue on back):

Medication	Strength (mg)	Pills per Day	Date Started

**ALLERGIES:** Please list all medications (prescription or over the counter) with which you have had allergic or adverse reaction (or didn't work as intended).

- | Medication | Reaction/Side Effect |
|------------|----------------------|
| 1. _____   | _____                |
| 2. _____   | _____                |
| 3. _____   | _____                |

List any other allergies (food, pets, pollen etc)  
\_\_\_\_\_

List any current or past significant Medical Illnesses, Hospitalizations, Surgeries, or

Injuries below (continue on back if you need):

---

---

---

---

**WOMEN ONLY:**

Last Gyn exam/ PAP test? \_\_\_\_\_ Abnormal exams in past? \_\_\_\_\_  
Date

Date of last Mammogram: \_\_\_\_\_ Abnormals in past? \_\_\_\_\_

Do you regularly perform self-breast exams: \_\_yes\_\_ no Date:

Method of Birth Control(if applicable): \_\_\_\_\_

Childbirth history (if applicable):

# Pregnancies: \_\_\_\_\_ # /# Vaginal deliveries: \_\_\_\_\_ /#C-Sections: \_\_\_\_\_

**IMMUNIZATION HISTORY:**

Please indicate below the approximate date of your last immunization for each category, or please note if you had that disease in the past.

Tetanus(DT): \_\_\_\_\_ Measles/Mumps/Rubella: \_\_\_\_\_ / \_\_\_\_\_ Chickenpox: \_\_\_\_\_

Influenza(flu shot): \_\_\_\_\_ Pneumovax(pneumonia shot): \_\_\_\_\_

Hepatitis B: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Hepatitis A: \_\_\_\_\_ / \_\_\_\_\_ Zostavax (Shingles) \_\_\_\_\_

**FAMILY HISTORY:**

Do you have a family history of any of the following? Enter the family member who has each condition:

Asthma/Allergies: \_\_\_\_\_ Bleeding Disorder: \_\_\_\_\_ Diabetes: \_\_\_\_\_

Obesity/Overweight: \_\_\_\_\_ Heart Attack before age 60: \_\_\_\_\_

Stroke: \_\_\_\_\_ Hypertension: \_\_\_\_\_

Kidney or Liver Disease: \_\_\_\_\_ Osteoporosis: \_\_\_\_\_

Colon Cancer: \_\_\_\_\_ Breast Cancer: \_\_\_\_\_ Prostate Cancer: \_\_\_\_\_

Other Cancers: \_\_\_\_\_

Depression/Suicides: \_\_\_\_\_ Anxiety Disorders: \_\_\_\_\_ Dementia: \_\_\_\_\_

Arthritis: \_\_\_\_\_ Migraine: \_\_\_\_\_ Alcoholism: \_\_\_\_\_

**SOCIAL HISTORY**

Occupation: If employed, what type of work do you do? \_\_\_\_\_

Marital/Family: Are you single/married/divorced/widowed? : \_\_\_\_\_

Children (ages) \_\_\_\_\_

Have you ever smoked cigarettes? \_\_\_\_\_ Please describe history, quit attempts, approximate amount of tobacco use, etc: \_\_\_\_\_

How much alcohol do you use? (Average # drinks per week) \_\_\_\_\_

Problems with alcohol or drugs in the past or present? \_\_\_\_\_

Are you drinking the same, less, or more than a year ago? \_\_\_\_\_

What type/amount of exercise do you get? \_\_\_\_\_

Do you have a living will/advance directive, medical power of attorney? \_\_\_\_\_

## Review Of Systems

<b>GENERAL SYMPTOMS</b>	<b>YES</b>	<b>NO</b>	<b>RESPIRATORY</b>	<b>YES</b>	<b>NO</b>
CHILLS			COUGH		
FEVER			BLOODY SPUTUM		
NIGHT SWEATS			HOARSENESS/CHANGE IN VOICE		
EXCESSIVE BLEEDING			PHLEGM		
LOSS OF APPETITE			SHORTNESS OF BREATH		
WEIGHT LOSS			WHEEZES		
WEIGHT GAIN					
UNEXPLAINED FATIGUE					
<b>SKIN</b>	<b>YES</b>	<b>NO</b>	<b>GASTROINTESTINAL</b>	<b>YES</b>	<b>NO</b>
CHANGES IN MOLES			DIFFICULTY SWALLOWING		
ITCHING			HEARTBURN, NAUSEA, VOMITING		
LUMPS			ABDOMINAL PAIN OR INDIGESTION		
RASHES			CRAMPING		
ENT	<b>YES</b>	<b>NO</b>	DIARRHEA		
BLURRY OR DOUBLE VISION			CONSTIPATION		
DECREASE IN HEARING			MUCUS OR BLOOD IN STOOL		
RINGING IN EARS			DARK/BLACK STOOL		
VERTIGO			CHANGE IN BOWEL HABITS		
NASAL/SINUS CONGESTION			HEMORRHOIDS		
FREQUENT BLOODY NOSES					
			<b>GENITOURINARY</b>	<b>YES</b>	<b>NO</b>
<b>CARDIOVASCULAR</b>	<b>YES</b>	<b>NO</b>	PAIN/DISCOMFORT WITH URINATION		
CHEST PAIN OR PRESSURE			EXCESSIVE URINATION		
FAINTING/LIGHTHEADED			URINATION AT NIGHT--# OF TIMES _____		
POUNING/SKIPPING HEART			FREQUENT INFECTION		
ANKLE AND FOOT SWELLING			PROBLEMS WITH INCONTINENCE		
			<b>NEUROLOGICAL</b>	<b>YES</b>	<b>NO</b>
<b>MUSCULOSKELETAL</b>	<b>YES</b>	<b>NO</b>	HEADACHES		
PAIN IN BACK			SEIZURES		
MUSCLE PAIN/ACHE			<b>PSYCHOLOGICAL</b>	<b>YES</b>	<b>NO</b>
MUSCLE WEAKNESS			ANXIETY		
PAIN IN ARMS/LEGS			DEPRESSION		
			DIFFICULTY SLEEPING		
			LOSS OF APPETITE		
			DECREASED SEX DRIVE		
<b>MEN ONLY</b>	<b>YES</b>	<b>NO</b>	<b>WOMEN ONLY</b>	<b>YES</b>	<b>NO</b>
DECREASED URINARY STREAM			ABNORMAL VAGINAL BLEEDING		
PROBLEM WITH ERECTION			ABNORMAL VAGINAL DISCHARGE		
			PAIN WITH INTERCOURSE		
			VAGINAL ITCHING		
			BREAST LUMPS		
			NIPPLE DISCHARGE		
			HOT FLASHES		